

Florida High School Athletic Association

Consent and Release from Liability Certificate for Sudden Cardiac Arrest and Concussion

EL3CH ADDENDUM (Page 14 of the Participation Forms Packet)

A concussion is a brain injury. Concussions, as well as all other head injuries, are serious. All students participating in Extracurricular Activities are required to view "Concussion in Sports-What You Need to Know" at www.nfhslearn. Parents are encouraged to watch the video with their child.

Directions

Course 1: NFHS "Concussion in Sports" REQUIRED FOR ALL STUDENTS

Course 2: NFHS "Sudden Cardiac Arrest" STUDENTS ARE ENCOURAGED, BUT NOT REQUIRED TO WATCH

Course Ordering

Step 1: Go to www.nfhslearn.com.

Step 2: "Sign In" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

OR

If you do not have an account, "Register" for an account.

Step 3: Click "Courses" at the top of the page.

Step 4: Scroll down to "Concussions in Sports" from the list of courses.

Step 5: Click "View Course".

Step 6: Click "Order Course."

Step 7: Select "Myself" if the course will be completed by you.

Step 8: Click "Continue" and follow the on-screen prompts to finish the checkout process. (Note: There is no fee for this course.)

Beginning a Course

Step 1: Go to www.nfhslearn.com.

Step 2: "Sign In" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your "Dashboard," click "My Courses".

Step 4: Click "Begin Course" on the course you wish to take.

*Your course will launch on the same page of the web browser.

**Click "Back to Dashboard" when ready to exit course.

****Be sure to print the certificate of completion at the end of the course and turn it in with your Participation Forms. Each school's athletic department is required to keep a copy on file.**